

COMPLINE

Night Prayer for the whole church year



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THIS GUIDE

The ancient office of Compline derives its name from a Latin word meaning 'completion' (completorium). It is above all a service of quietness and reflection before rest at the end of the day. It is most effective when the ending is indeed an ending, without additions, conversation or noise. If there is an address, or business to be done, it should come first. If the service is in church, those present depart in silence; if at home, they go quietly to bed.

This booklet contains the liturgy for Compline through the year. The basic structure of night prayers remains the same but there are seasonal variations. This booklet provides those for you.

This booklet can be used by yourself or it can be used alongside the nightly Compline prayers that are said together through Facebook Live. These take place at 7pm every evening but can also be accessed later on.

Do settle yourself in a comfy position, maybe light a candle or have your favourite icon or prayer aid nearby and allow this beautiful office to help you settle the day, hand it over to the Lord our God, and prepare for a peaceful night.

It is said that these prayers are among some of the most glorious for the daily spiritual battle we all face day in and day out, but they are particularly apposite at times of difficulty, restlessness or hopelessness.

Notes:

- The psalms listed in this booklet can be found online, in the purple prayer books or in your bibles (though the bible versions may vary).
- To join with the online community of prayer, visit www.facebook.com/stpeterseb/live at 7pm each evening.

NIGHT PRAYER (in ordinary time)

The Lord almighty grant us a quiet night and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

*A period of silence for reflection on the past day may follow.
The following or other suitable words of penitence may be used*

**Most merciful God, we confess to you,
before the whole company of heaven and one
another, that we have sinned in thought, word and
deed and in what we have failed to do. Forgive us
our sins, heal us by your Spirit
and raise us to new life in Christ.
Amen.**

○ God, make speed to save us.
○ Lord, make haste to help us.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

One or more of these psalms may be used during ordinary time; daily and seasonal variations can be found in this booklet (page 9 onwards).

Psalm 4

- 1 Answer me when I call, O God of my righteousness;
you set me at liberty when I was in trouble;
have mercy on me and hear my prayer.
- 2 How long will you nobles dishonour my glory;
how long will you love vain things and seek after
falsehood?
- 3 But know that the Lord has shown me his marvellous
kindness; when I call upon the Lord, he will hear me.
- 4 Stand in awe, and sin not;
commune with your own heart upon your bed,
and be still.
- 5 Offer the sacrifices of righteousness
and put your trust in the Lord.
- 6 There are many that say, 'Who will show us any good?'
Lord, lift up the light of your countenance upon us.
- 7 You have put gladness in my heart,
more than when their corn and wine and oil increase.
- 8 In peace I will lie down and sleep,
for it is you Lord, only, who make me dwell in safety.

Psalm 91

- 1 Whoever dwells in the shelter of the Most High
and abides under the shadow of the Almighty,
- 2 Shall say to the Lord, 'My refuge and my stronghold,
my God, in whom I put my trust.'
- 3 For he shall deliver you from the snare of the fowler
and from the deadly pestilence.

4 He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and buckler.
5 You shall not be afraid of any terror by night,
nor of the arrow that flies by day;
6 Of the pestilence that stalks in darkness,
nor of the sickness that destroys at noonday.
7 Though a thousand fall at your side
and ten thousand at your right hand,
yet it shall not come near you.
8 Your eyes have only to behold
to see the reward of the wicked.
9 Because you have made the Lord your refuge
and the Most High your stronghold,
10 There shall no evil happen to you,
neither shall any plague come near your tent.
11 For he shall give his angels charge over you,
to keep you in all your ways.
12 They shall bear you in their hands,
lest you dash your foot against a stone.
13 You shall tread upon the lion and adder;
the young lion and the serpent you shall trample underfoot.
14 Because they have set their love upon me,
therefore will I deliver them;
I will lift them up, because they know my name.
15 They will call upon me and I will answer them;
I am with them in trouble,
I will deliver them and bring them to honour.
16 With long life will I satisfy them
and show them my salvation.

Psalm 134

1 Come, bless the Lord, all you servants of the Lord,
you that by night stand in the house of the Lord.
2 Lift up your hands towards the sanctuary; and bless the Lord.

3 The Lord who made heaven and earth
give you blessing out of Zion.
**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Bible Reading

*one of the following is suggested for ordinary time, daily and seasonal variations
can be found in this booklet (page 9 onwards).*

You, O Lord, are in the midst of us and we are called by your
name; leave us not, O Lord our God. *Jeremiah 14.9*

Be sober, be vigilant, because your adversary the devil is prowling
round like a roaring lion, seeking for someone to devour.
Resist him, strong in the faith. *1 Peter 5.8, 9*

The servants of the Lamb shall see the face of God, whose name
will be on their foreheads. There will be no more night: they will
not need the light of a lamp or the light of the sun, for God will be
their light, and they will reign for ever and ever. *Rev 22.4, 5*

Silence is kept

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son and to the Holy Spirit.
Into your hands, O Lord, I commend my spirit.

Keep me as the apple of your eye.
Hide me under the shadow of your wings.

Nunc Dimittis

*The Nunc dimittis (The Song of Simeon) is said or sung.
The seasonal refrains can be found later in this book.*

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

- 1 Now, Lord, you let your servant go in peace:
your word has been fulfilled.
- 2 My own eyes have seen the salvation
which you have prepared in the sight of every people;
- 3 A light to reveal you to the nations
and the glory of your people Israel.

**Glory to the Father and to the Son
and to the Holy Spirit; as it was in the beginning is
now and shall be for ever. Amen.**

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Let us pray

Silent prayer or brief intercessions may be made here

The Collect *Ordinary Time*

Daily and seasonal variations can be found in this booklet (page 9 onwards).

Visit this place, O Lord, we pray,
and drive far from it the snares of the enemy;
may your holy angels dwell with us and guard us in peace,
and may your blessing be always upon us;
through Jesus Christ our Lord. Amen.

Lighten our darkness,
Lord, we pray, and in your great mercy
defend us from all perils and dangers of this night,
for the love of your only Son,
our Saviour Jesus Christ. Amen

The Lord's Prayer *may be said.*

The Conclusion

Seasonal variations for the Blessing can be found in this booklet (page 9 onwards).

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

[Come with the dawning of the day **and make yourself known in the breaking of the bread.**]

The Lord bless us and watch over us;
the Lord make his face shine upon us and be gracious to us;
the Lord look kindly on us and give us peace. **Amen.**

Daily, Seasonal and Other Variations for Night Prayer

¶ Ordinary Time Days

Sunday: *Psalm, Reading and Collect*

Psalm 134

You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord our God. *Jeremiah 14.9*

Almighty God,
by triumphing over the powers of darkness
Christ has prepared a place for us in the new Jerusalem:
may we, who have this day given thanks for his resurrection,
praise him in the eternal city of which he is the light; through Jesus
Christ our Lord.

Monday: *Psalm, Reading and Collect*

Psalm 4

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. *Isaiah 30.15*

Be present, O merciful God,
and protect us through the silent hours of this night,
so that we who are wearied
by the changes and chances of this fleeting world,
may rest upon your eternal changelessness;
through Jesus Christ our Lord.

Tuesday: *Psalm, Reading and Collect*

Psalm 143

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

Matthew 11.28-end

Look down, O God, from your heavenly throne,
illuminate the darkness of this night with your celestial brightness,
and from the children of light banish the deeds of darkness;
through Jesus Christ our Saviour.

Wednesday: *Psalm, Reading and Collect*

Psalm 30

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

1 Peter 5.6,7

Visit this place, O Lord, we pray,
and drive far from it the snares of the enemy;
may your holy angels dwell with us and guard us in peace,
and may your blessing be always upon us;
through Jesus Christ our Lord.

Thursday: *Psalm, Reading and Collect*

Psalm 16

Be sober, be vigilant, because your adversary the devil is prowling round like a roaring lion, seeking for someone to devour. Resist him, strong in the faith.

1 Peter 5.8, 9

Keep watch, dear Lord,
with those who wake, or watch, or weep this night,
and give your angels charge over those who sleep.
Tend the sick, give rest to the weary, sustain the dying, calm the
suffering, and pity the distressed; all for your love's sake,
O Christ our Redeemer.

Friday: *Psalm, Reading and Collect*

Psalm 139.1-11

God has destined us not for wrath but for obtaining salvation
through our Lord Jesus Christ, who died for us, so that whether
we are awake or asleep we may live with him. 1 Thess 5.9, 10

Lord Jesus Christ, Son of the living God,
who at this evening hour lay in the tomb
and so hallowed the grave
to be a bed of hope for all who put their trust in you:
give us such sorrow for our sins,
which were the cause of your passion,
that when our bodies lie in the dust,
our souls may live with you for ever.

Saturday: *Psalm, Reading and Collect*

Psalm 91

A sabbath rest still remains for the people of God; for those who
enter God's rest also cease from their labours as God did from his.
Let us therefore make every effort to enter that rest.

Hebrews 4.9-11a

Stay with us, O God, this night,
so that by your strength we may rise with the new day
to rejoice in the resurrection of your Son,
Jesus Christ our Saviour.

¶ The Seasons

Advent

Psalm 143

Keep awake – for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all:
Keep awake. *Mark 13.35-end*

Nunc Dimittis Refrain:

**Come, O Lord, and visit us in peace;
that we may rejoice before you with a perfect heart.**

Collect

Stir up your power, O God,
and come among us.
Heal our wounds,
calm our fears
and give us peace;
through Jesus our Redeemer.

Blessing

Restore us again, O God of hosts;
show us the light of your countenance
and we shall be saved.
Bless and keep us, this night and always.

Christmas

Psalm 113

In him was life and the life was the light of all people. The light shines in the darkness and the darkness did not overcome it.

John 1.4,5

Nunc Dimittis Refrain:

Alleluia. The Word was made flesh, alleluia,
and dwelt among us. Alleluia, alleluia.

Collect

We give you thanks, O God,
for the gift to the world of our Redeemer;
as we sing your glory at the close of this day,
so may we know his presence in our hearts,
who is our Saviour and our Lord,
now and for ever.

Blessing

May the love of the Word made flesh enfold us,
his joy fill our lives,
his peace be in our hearts;
and the blessing of God be with us
this night and always.

Epiphany

Psalm 16

The grace of God has appeared, bringing salvation to all. *Titus 2.11*

Nunc Dimittis Refrain:

Alleluia. Christ the light of the world, alleluia,
has manifested his glory. Alleluia, alleluia.

Collect

King of kings and Lord of lords,
making the true light to shine:
lighten our darkness now and evermore
that with our lips and in our lives
we may praise you;
for you are our God, now and for ever.

Blessing

May the living waters of Christ cleanse us,
may the Spirit descend upon us,
and the blessing of God be with us
this night and always.

Lent

Psalm 139.1-11

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Isaiah 58. 6,7

Nunc Dimittis Refrain:

**Christ died for us,
so that, whether we wake or sleep,
we might live with him.**

Collect

Almighty God,
may we, by the prayer and discipline of Lent,
enter into the mystery of Christ's sufferings;
that by following in the Way,
we may come to share in the glory;
through Jesus Christ our Lord.

Blessing

May God bless us,
that in us may be found love and humility,
obedience and thanksgiving,
discipline, gentleness and peace.

Passiontide

Psalm 139.1-11

I will pour out a spirit of compassion and supplication on the house of David and the inhabitants of Jerusalem, so that, when they look on the one whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn. *Zechariah 12.10*

Nunc Dimittis Refrain:

**Christ himself bore our sins in his body on the tree,
that we might die to sin and live to righteousness.**

Collect

Almighty God,
as we stand at the foot of the cross of your Son,
help us to see and know your love for us,
so that in humility, love and joy
we may place at his feet
all that we have and all that we are;
through Jesus Christ our Saviour.

Blessing

May God bless us,
that in us may be found love and humility,
obedience and thanksgiving,
discipline, gentleness and peace.

Easter

Psalm 146

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever. *Revelation 22.4,5*

Nunc Dimittis Refrain:

**Alleluia. The Lord is risen, alleluia,
as he promised to you. Alleluia, alleluia.**

Collect

Almighty God,
by triumphing over the powers of darkness
Christ has prepared a place for us in the new Jerusalem:
may we, who have this day given thanks for his resurrection,
praise him in the eternal city
of which he is the light;
through Jesus Christ our Lord.

Blessing

May the risen Lord Jesus bless us.
May he watch over us and renew us
as he renews the whole of creation.
May our hearts and lives echo his love.

From the day after Ascension Day until the Day of Pentecost

Psalm 84

I will pour out my spirit on all flesh; your sons and your daughters shall prophesy. The old shall dream dreams and the young shall see visions.
Joel 2.28

Nunc Dimittis Refrain:

Alleluia. The Holy Spirit, the Advocate, alleluia, shall teach you all things. Alleluia, alleluia.

Collect

Come, O Spirit of God,
and make within us your dwelling place and home.
May our darkness be dispelled by your light,
and our troubles calmed by your peace;
may all evil be redeemed by your love,
all pain transformed through the suffering of Christ,
and all dying glorified in his risen life.

Blessing

May the Holy Spirit of God bless and sanctify us
so that we may be consecrated in the truth.

From All Saints' Day until the Friday before the First Sunday of Advent

Psalms as in Ordinary Time

The one who endures to the end will be saved. And this good news of the kingdom will be proclaimed throughout the world, as a testimony to all the nations. *Matthew 24.13,14a*

Nunc Dimittis Refrain

**O King most blessed,
on the day of judgement
number us among your chosen.**

Collect

God and Father of our Lord Jesus Christ,
bring us to the dwelling which your Son is preparing
for all who love you;
give us the will each day to live in life eternal;
let our citizenship be in heaven with the blessed,
with the whole company of the redeemed
and with countless angels,
praising, worshipping and adoring your Son,
our Lord Jesus Christ,
who sits upon the throne for ever and ever.

Blessing

May the light of Christ, the King of all,
shine ever brighter in our hearts,
that with all the saints in light
we may shine forth as lights in the world.

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The Liturgical Year



Thank you for joining the life of prayer in this United Benefice. For more information about the churches, services, events, study and prayer please see our website or contact The Rector.

www.ebbchurches.org.uk

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